

## The Dynamics of the 5 Platonic Solids

For more than 3000 years humans have been intrigued with the 5 Platonic bodies. Plato was the first to relate their shape and energetic power to both the four elements of Earth, Water, Air and Fire and to the Spirit.

Their crystal clarity astonishes us, and their regularity reminds us of ancient laws working in nature since the beginning of time. Crystals and stones will show us the Platonic Solids in most varying design.

We shall approach their power and dynamics by modelling them in Clay. The Platonic Solids will come into being through our hands, allowing us to experience their forming forces within ourselves.

**Workshops 2018:** February 8-10 / May 24-26 / July 19-21 /  
November 22-24



## The Human Countenance

Through Painting and Drawing, we shall approach expressions of the human face. What will a countenance tell us? What secret does it contain? Our slow humorous and methodical approach will help even beginners to open up this theme. Don't be afraid of long noses!



### Workshops 2018:

February 22-24 / April 19-21 /  
June 14-16 / August 8 - September 1 /  
October 18-20 / December 13-15



## Coming to Know Ourselves

### Through Modelling a Head of Clay

In the particular shaping of a head of clay we may learn to read the way we connect to the outside world. How can we alternate between the impressions of the world around us and our soul so that we can reach a very particular personal expression? - It is a way to teach us our own senses and our relationship to form.

**Workshops 2018:** June 7-9 / October 25-27

### Centro de Terapia Antroposófica

in co-operation with  
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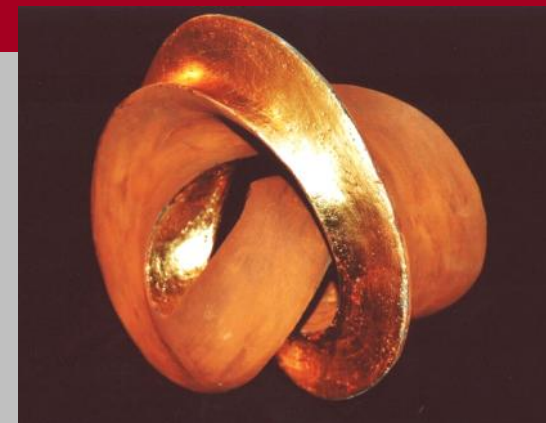
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Centro de Terapia Antroposófica

## Workshops with Annegret von Pusch 2018



The Therapy- Vacation- and  
Cultural-Center  
on the sunny volcanic island of  
**LANZAROTE**

## What is Infinity?

*Modelling Forms in Movement -  
The Lemniscate and the Möbius Strip*

*Dynamic Drawing and Clay Modelling  
Motion becomes visible as we follow the forces that form  
and shape. We let our experience of motion flow as it  
grows into form. We feel the space around us coming  
alive: Discover what is inside and what is outside and  
the constant exchange between the two. The Lemniscate  
and Moebius' Strip show us this principle of motion  
changing into form. We find it again in living nature -  
there are infinite variations.*

**Workshops 2018:** January 18-20 / May 10-12 / July 5-7 /  
October 11-13 / December 6-8



## Imaginations Becoming Visible

*While painting with various materials we employ special methods to open ourselves to our inner world of imaginations. The images slumbering within us becoming visible and tell us our very personal history.*

*Thus freed they may help us to render conscious what will enrich our lives.*

**Workshops 2018:** February 1-3 / May 17-19 / July 12-14 /  
November 1-3 / December 20-22



## Dynamic Drawing

*In this workshop you can experience yourself how movement turns into forming forces, then condenses matter and coalesces into form*

**Workshops 2018:** February 15-17 / May 31 - Juno 2 /  
July 26-28 / November 15-17

## Archetypes in Fairy Tales and Myths.

*Would you like to immerse yourself into the imagery of fairytales and myths? They will lead us into a world of archetypes in our soul.*

*In this seminar you may illustrate your favourite fairytale, thus reviving it. Or you may follow up the method of archetypal imagery in a playful way and create your own tale. Painting with all materials possible.*

**Workshops 2018:** January 11-13 / March 8-10 / May 3-5 /  
June 28-30 / August 9-11 / October 4-6  
November 29 - December 1



## Modelling by Nature's Shapes

**3-day-course:** *There are astonishing shapes growing in nature such as seeds, seed heads, blossoms, leaves, and different kinds of wood. Looking at animals we find sea shells, mussels, and clams, snails and many more. We will deal with such shapes given to us by nature. We will try to know them more closely by modelling and drawing. Feel invited to bring along specimens of your own choice.*

**Workshops 2018:** March 1-3 / April 26-28 / Juni 21-23 /  
August 2-4 / November 8-10